# Benchmarking effective actions and their flow equations in zero dimensions 

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## Thanks

This talk is based on:
Garbrecht \& PM '16 (1509.07847)
Alexander, PM, Nursey \& Saffin '19 (1907.06503)
PM \& Saffin '19, '21 and '22 (1905.09674, 2107.12914, 2206.08865)
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- the organisers of ERG2020, and to Dario Benedetti, Kevin Falls, Jan Pawlowski and Adam Rancon for the discussions that followed,
- the organisers of this super meeting,
- and all of you for coming along to this talk.


## nPI quantum effective actions <br> (à la Routh)

For each non-connected $n$-point correlation function $\Delta_{x_{1}, x_{2}, \cdots, x_{n}}^{\mathrm{nc}}$ of the theory of a scalar field $\Phi$ with classical action $S[\Phi]$, we can introduce a function $J_{x_{1}, x_{2}, \cdots, x_{n}}$ and define a functional

$$
\begin{gathered}
\Gamma_{n,\{J\}}\left[\left\{\Delta^{\mathrm{nc}}\right\}\right]=W_{n}[\{J\}]+J_{x_{1}} \Delta_{x_{1}}^{\mathrm{nc}}+J_{x_{1}, x_{2}} \Delta_{x_{1}, x_{2}}^{\mathrm{nc}}+\cdots+J_{x_{1}, x_{2}, \cdots, x_{n}} \Delta_{x_{1}, x_{2}, \cdots, x_{n}}^{\mathrm{nc}} \\
W_{n}[\{J\}]=-\hbar \ln \int D \Phi \exp \left[-\frac{1}{\hbar}\left(S[\Phi]-J_{x_{1}} \Phi_{x_{1}}-J_{x_{1}, x_{2}} \Phi_{x_{1}} \Phi_{x_{2}}-\cdots-J_{x_{1}, x_{2}, \cdots, x_{n}} \Phi_{x_{1}} \Phi_{x_{2}} \cdots \Phi_{x_{n}}\right)\right]
\end{gathered}
$$

Extremizing wrt all of the $J$ 's for a given $n$ leads to the $n$-particle irreducible effective actions.
Extremizing wrt a subset of the $J$ 's for a given $n$ leads to ... something else.

## 1Plaverage weterich'91]

The 1PI average effective action amounts to taking

$$
\Gamma_{2,\{J\}}\left[\left\{\Delta^{\mathrm{nc}}\right\}\right]=W_{2}[\{J\}]+J_{x_{1}} \Delta_{x_{1}}^{\mathrm{nc}}+J_{x_{1}, x_{2}} \Delta_{x_{1}, x_{2}}^{\mathrm{nc}}
$$

- extremizing wrt $J_{x_{1}}$ only, which sets $J_{x_{1}}=J_{x_{1}}[\phi]$ and $\Delta_{x_{1}}^{\mathrm{nc}}=\phi_{x_{1}}[\{J\}]=-\delta W_{2}[\{J\}] / \delta J_{x_{1}}$,
- setting $\Delta_{x_{1}, x_{2}}^{\mathrm{nc}}=\phi_{x_{1}} \phi_{x_{2}}$, which sets $\delta \Gamma_{2,\{J\}}[\{\Delta\}] / \delta J_{x_{1}, x_{2}} \neq 0$,
- taking $J_{x_{1}, x_{2}}=-R_{k ; x_{1}, x_{2}} / 2$ to be proportional to the inverse $\mathrm{FT} R_{k ; x_{1}, x_{2}}$ of the regulator $R_{k ; q}$.


## 2P1reg [Alexander, PM, Nursey, Saffin '19; see also Garbrecht \& PM '16]

Instead, let's again take

$$
\Gamma_{2,\{J\}}\left[\left\{\Delta^{\mathrm{nc}}\right\}\right]=W_{2}[\{J\}]+J_{x_{1}} \Delta_{x_{1}}^{\mathrm{nc}}+J_{x_{1}, x_{2}} \Delta_{x_{1}, x_{2}}^{\mathrm{nc}}
$$

- extremize wrt $J_{x_{1}}$ and $J_{x_{1}, x_{2}}$, which sets $\{J\}=\{J\}\left[\phi_{x_{1}}, \Delta_{x_{1}, x_{2}}\right]$,

$$
\begin{gathered}
\Delta_{x_{1}}^{\mathrm{nc}}=\phi_{x_{1}}[\{J\}]=-\delta W_{2}[\{J\}] / \delta J_{x_{1}}, \\
\Delta_{x_{1}, x_{2}}^{\mathrm{nc}}=\hbar \Delta_{x_{1}, x_{2}}[\{J\}]+\phi_{x_{1}} \phi_{x_{2}}=-\delta W_{2}[\{J\}] / \delta J_{x_{1}, x_{2}},
\end{gathered}
$$

- take $J_{x_{1}, x_{2}}=-R_{k ; x_{1}, x_{2}} / 2$ to be proportional to the inverse FT $R_{k ; x_{1}, x_{2}}$ of the regulator $R_{k ; q}$. [cf. Reinosa's talk on Tuesday, i.e., Blaizot, Pawlowski and Reinosa '11 \& '21 and Reinosa '21]


## Flow equations

1Pl ${ }_{\text {average }}$ [Wetterich '93, Morris ‘94, Ellwanger '94]
Natural variables:

$$
\Gamma_{\mathrm{av}}^{1 \mathrm{PI}}=\Gamma_{\mathrm{av}}^{1 \mathrm{PI}}\left[\phi, R_{k}\right]
$$

Fix $J_{x_{1}}=J_{k ; x_{1}}$ such that $\partial_{k} \phi=0$ and then

$$
\partial_{k} \Gamma_{\mathrm{av}}^{1 \mathrm{PI}}=\frac{\delta \Gamma_{\mathrm{av}}^{1 \mathrm{PI}}}{\delta R_{k}} \cdot \partial_{k} R_{k}=\frac{\hbar}{2} \Delta_{k}^{1 \mathrm{PI}} \cdot \partial_{k} R_{k}
$$

by the functional chain rule.

2PIreg [Alexander, PM, Nursey, Saffin '19]
Natural variables:

$$
\Gamma_{\text {reg }}^{2 \mathrm{PI}}=\Gamma_{\text {reg }}^{2 \mathrm{PI}}\left[\phi, \Delta_{k}\right]
$$

Fix $J_{x_{1}}=J_{k ; x_{1}}$ such that $\partial_{k} \phi=0$ and then

$$
\partial_{k} \Gamma_{\mathrm{reg}}^{2 \mathrm{PI}}=\frac{\delta \Gamma_{\mathrm{reg}}^{2 \mathrm{PI}}}{\delta \Delta_{k}} \cdot \partial_{k} \Delta_{k}=-\frac{\hbar}{2} R_{k} \cdot \partial_{k} \Delta_{k}
$$

by the functional chain rule.

## Closure

1Pl ${ }_{\text {average }}$
Convexity

$$
\frac{\delta^{2} \Gamma^{1 \mathrm{PI}}}{\delta \phi_{x_{1}} \delta \phi_{x_{2}}} \frac{\delta^{2}(-W)}{\delta J_{x_{1}} \delta J_{x_{2}}}=1
$$

implies

$$
\left[\Delta_{k ; x_{1}, x_{2}}^{1 \mathrm{PI}}\right]^{-1}=\frac{\delta^{2} \Gamma_{\mathrm{av}}^{1 \mathrm{PI}}}{\delta \phi_{x_{1}} \delta \phi_{x_{2}}}+R_{k ; x_{1}, x_{2}}
$$

## 2PIreg [PM, Saffin '21]

Convexity

$$
\operatorname{Hess}_{\phi, \Delta^{\mathrm{nc}}} \Gamma^{2 \mathrm{PI}} \cdot \operatorname{Hess}_{J,-R / 2}(-W)=\mathbb{\square}
$$

implies

$$
\begin{aligned}
& {\left[\Delta_{k ; x_{1}, x_{2}}\right]^{-1}=\frac{\delta^{2} \Gamma^{2 \mathrm{PI}}}{\delta \phi_{x_{1}} \delta \phi_{x_{2}}}+R_{k ; x_{1}, x_{2}}} \\
& \quad-\frac{\delta^{2} \Gamma^{2 \mathrm{PI}}}{\delta \phi_{x_{1}} \delta \Delta_{k ; y_{1}, y_{2}}}\left[\frac{\delta^{2} \Gamma^{2 \mathrm{PI}}}{\delta \Delta_{k ; y_{1}, y_{2}} \delta \Delta_{k ; y_{3}, y_{4}}}\right]^{-1} \frac{\delta^{2} \Gamma^{2 \mathrm{PI}}}{\delta \Delta_{k ; y_{3}, y_{4}} \delta \phi_{x_{2}}}
\end{aligned}
$$

[see also footnote 11 of Cornwall, Jackiw, Tomboulis '74]

## Closure

1Pl ${ }_{\text {average }}$
Convexity

$$
\frac{\delta^{2} \Gamma^{1 \mathrm{PI}}}{\delta \phi_{x_{1}} \delta \phi_{x_{2}}} \frac{\delta^{2}(-W)}{\delta J_{x_{1}} \delta J_{x_{2}}}=1
$$

implies

$$
\left[\Delta_{k ; x_{1}, x_{2}}^{1 \mathrm{PI}}\right]^{-1}=\frac{\delta^{2} \Gamma_{\mathrm{av}}^{1 \mathrm{PI}}}{\delta \phi_{x_{1}} \delta \phi_{x_{2}}}+R_{k ; x_{1}, x_{2}}
$$

2PI ${ }_{\text {reg }}$ [PM, Saffin '21]
Convexity

$$
\operatorname{Hes}{\bar{\phi} \phi, \Delta^{\mathrm{nc}}} \Gamma^{2 \mathrm{PI}} \cdot \operatorname{Hes} \Sigma_{J,-R / 2}(-W)=\mathbb{0}
$$

implies
$\left[\Delta_{k ; x_{1}, x_{2}}\right]^{-1}=\frac{\delta^{2} \Gamma^{2 \mathrm{PI}}}{\delta \phi_{x_{1}} \delta \phi_{x_{2}}}+R_{k ; x_{1}, x_{2}}$

$$
-\frac{\delta^{2} \Gamma^{2 \mathrm{PI}}}{\delta \phi_{x_{1}} \delta \Delta_{k ; y_{1}, y_{2}}}\left[\frac{\delta^{2} \Gamma^{2 \mathrm{PI}}}{\delta \Delta_{k ; y_{1}, y_{2}} \delta \Delta_{k ; y_{3}, y_{4}}}\right]^{-1} \frac{\delta^{2} \Gamma^{2 \mathrm{PI}}}{\delta \Delta_{k ; y_{3}, y_{4}} \delta \phi_{x_{2}}}
$$

## Closure

1Pl ${ }_{\text {average }}$
Convexity

$$
\frac{\delta^{2} \Gamma^{1 \mathrm{PI}}}{\delta \phi_{x_{1}} \delta \phi_{x_{2}}} \frac{\delta^{2}(-W)}{\delta J_{x_{1}} \delta J_{x_{2}}}=1
$$

implies

$$
\left[\Delta_{k ; x_{1}, x_{2}}^{1 \mathrm{PI}}\right]^{-1}=\frac{\delta^{2} \Gamma_{\mathrm{av}}^{1 \mathrm{PI}}}{\delta \phi_{x_{1}} \delta \phi_{x_{2}}}+R_{k ; x_{1}, x_{2}}
$$

2PI ${ }_{\text {reg }}$ [PM, Saffin '21]
Convexity

$$
\operatorname{Hess}_{\phi, \Delta^{\mathrm{nc}}} \Gamma^{2 \mathrm{PI}} \cdot \operatorname{Hess}_{J,-R / 2}(-W)=\mathbb{\square}
$$

implies

$$
\begin{aligned}
& {\left[\Delta_{k ; x_{1}, x_{2}}\right]^{-1}=\frac{\delta^{2} \Gamma^{2 \mathrm{PI}}}{\delta \phi_{x_{1}} \delta \phi_{x_{2}}}+R_{k ; x_{1}, x_{2}}} \\
& \quad-\frac{\delta^{2} \Gamma^{2 \mathrm{PI}}}{\delta \phi_{x_{1}} \delta \Delta_{k ; y_{1}, y_{2}}}\left[\frac{\delta^{2} \Gamma^{2 \mathrm{PI}}}{\delta \Delta_{k ; y_{1}, y_{2}} \delta \Delta_{k ; y_{3}, y_{4}}}\right]^{-1} \frac{\delta^{2} \Gamma^{2 \mathrm{PI}}}{\delta \Delta_{k ; y_{3}, y_{4}} \delta \phi_{x_{2}}}
\end{aligned}
$$

2PI resummation

## 

Take

$$
S(\Phi)=\frac{1}{2} \Phi^{2}+\frac{\lambda}{4!} \Phi^{4}
$$

with $\hbar>0$ and $\lambda>0$.
We can calculate

$$
W\left(J, R_{k}\right)=-\hbar \ln \int D \Phi \exp \left[-\frac{1}{\hbar}\left(S(\Phi)-J \Phi+\frac{1}{2} R_{k} \Phi^{2}\right)\right],
$$

any effective action and its $n$-point variables analytically to a given order in $\lambda$.

## Ansätze $_{\text {pm. saffir } 2]}$

## 1Plaverage

Ansatz:

$$
\Gamma_{\mathrm{av}}^{1 \mathrm{PI}}=\alpha^{1 \mathrm{PI}}\left(R_{k}\right)+\frac{1}{2} \beta^{1 \mathrm{PI}}\left(R_{k}\right) \phi^{2}+\frac{1}{4!} \gamma^{1 \mathrm{PI}}\left(R_{k}\right) \phi^{4}
$$

Solve flow equations and compare with explicit result:

$$
\begin{aligned}
& \Gamma_{\mathrm{av}}^{1 \mathrm{PI}}=S(\phi)+\frac{\hbar}{2}\left[\ln \left[\Delta^{1 \mathrm{PI}}\right]^{-1}\right] \\
& \quad+\hbar^{2}\left[\frac{\lambda}{8}\left[\Delta^{1 \mathrm{PI}}\right]^{2}-\frac{\lambda^{2}}{12} \phi^{2}\left[\Delta^{1 \mathrm{PI}}\right]^{3}\right] \\
& \quad+\hbar^{3}\left[-\frac{\lambda^{2}}{12}\left[\Delta^{1 \mathrm{PI}}\right]^{4}\right]
\end{aligned}
$$

## 2PIreg

Ansatz:
$\Gamma^{2 \mathrm{PI}}=\alpha\left(\Delta_{k}\right)+\frac{1}{2} \beta\left(\Delta_{k}\right) \phi^{2}+\frac{1}{4!} \gamma\left(\Delta_{k}\right) \phi^{4}$
Solve flow equations and compare with explicit result:

$$
\begin{aligned}
\Gamma^{2 \mathrm{PI}} & =S(\phi)+\frac{\hbar}{2}\left[\ln \Delta^{-1}+\left(1+\frac{\lambda}{2} \phi^{2}\right) \Delta-1\right] \\
& +\hbar^{2}\left[\frac{\lambda}{8} \Delta^{2}-\frac{\lambda^{2}}{12} \phi^{2} \Delta^{3}\right] \\
& +\hbar^{3}\left[-\frac{\lambda^{2}}{48} \Delta^{4}\right]
\end{aligned}
$$

## Flow equations ${ }_{\text {Pn, saffir } 2 \|}$

1 $\mathrm{Pl}_{\text {average }}$

$$
\partial_{k} \alpha\left(\Delta_{k}\right)=\frac{\partial \alpha^{1 \mathrm{PI}}\left(R_{k}\right)}{\partial R_{k}} \partial_{k} R_{k} \text { etc. }
$$

Take derivatives of $\left[\Delta^{1 \mathrm{PI}}\right]^{-1}$ with respect to $\phi$ at $\phi=0$ and solve for $\partial^{n}\left\{\alpha^{1 \mathrm{PI}}, \beta^{\mathrm{IPI}}, \gamma^{1 \mathrm{PI}}\right\} / \partial R_{k}^{n}$ :

$$
\begin{aligned}
& \partial_{k} \alpha^{1 \mathrm{PI}}=\frac{\hbar}{2} \frac{\partial_{k} R_{k}}{\left[\beta^{1 \mathrm{PI}}+R_{k}\right]} \\
& \partial_{k} \beta^{1 \mathrm{PI}}=-\frac{\hbar}{2} \frac{\gamma^{1 \mathrm{PI}} \partial_{k} R_{k}}{\left[\beta^{1 \mathrm{PI}}+R_{k}\right]^{2}} \\
& \partial_{k} \gamma^{1 \mathrm{PI}}=3 \hbar \frac{\left[\gamma^{1 \mathrm{PI}}\right]^{2} \partial_{k} R_{k}}{\left[\beta^{1 \mathrm{PI}}+R_{k}\right]^{3}}
\end{aligned}
$$

2PI ${ }_{\text {reg }}$

$$
\partial_{k} \alpha\left(\Delta_{k}\right)=\frac{\partial \alpha\left(\Delta_{k}\right)}{\partial \Delta_{k}} \partial_{k} \Delta_{k} \text { etc. }
$$

Take derivatives of $\Delta^{-1}$ with respect to $\phi$ and $\Delta$ at $\phi=0$ and solve for $\partial^{n}\{\alpha, \beta, \gamma\} / \partial \Delta_{k}^{n}$ with $R_{k}^{0}=R_{k}\left(\phi=0, \Delta_{k}\right)$ :

$$
\begin{aligned}
& \partial_{k} \alpha=\frac{\hbar}{2} R_{k}^{0} \frac{\partial_{k} \beta+\partial_{k} R_{k}^{0}}{\left[\beta+R_{k}^{0}\right]^{2}} \\
& \partial_{k} \beta=-\left\{\frac{\hbar}{2} \gamma-\frac{\hbar^{2}}{2} \frac{\gamma^{2}}{\left[\beta+R_{k}^{0}\right]^{2}}\right\} \frac{\partial_{k} \beta+\partial_{k} R_{k}^{0}}{\left[\beta+R_{k}^{0}\right]^{2}} \\
& \partial_{k} \gamma=\mathcal{O}\left(\gamma^{4}\right)
\end{aligned}
$$

## Flow equations ${ }_{\text {Pn, saffir } 2 \|}$

1 $\mathrm{Pl}_{\text {average }}$

$$
\partial_{k} \alpha\left(\Delta_{k}\right)=\frac{\partial \alpha^{1 \mathrm{PI}}\left(R_{k}\right)}{\partial R_{k}} \partial_{k} R_{k} \text { etc. }
$$

Take derivatives of $\left[\Delta^{1 \mathrm{PI}}\right]^{-1}$ with respect to $\phi$ at $\phi=0$ and solve for $\partial^{n}\left\{\alpha^{1 \mathrm{PI}}, \beta^{\mathrm{IPI}}, \gamma^{1 \mathrm{PI}}\right\} / \partial R_{k}^{n}$ :

$$
\begin{aligned}
& \partial_{k} \alpha^{1 \mathrm{PI}}=\frac{\hbar}{2} \frac{\partial_{k} R_{k}}{\left[\beta^{1 \mathrm{PI}}+R_{k}\right]} \\
& \partial_{k} \beta^{1 \mathrm{PI}}=-\frac{\hbar}{2} \frac{\gamma^{1 \mathrm{PI}} \partial_{k} R_{k}}{\left[\beta^{1 \mathrm{PI}}+R_{k}\right]^{2}} \\
& \partial_{k} \gamma^{1 \mathrm{PI}}=3 \hbar \frac{\left[\gamma^{1 \mathrm{PI}}\right]^{2} \partial_{k} R_{k}}{\left[\beta^{1 \mathrm{PI}}+R_{k}\right]^{3}}
\end{aligned}
$$

## $2 \mathrm{Pl}_{\text {reg }}$

$$
\partial_{k} \alpha\left(\Delta_{k}\right)=\frac{\partial \alpha\left(\Delta_{k}\right)}{\partial \Delta_{k}} \partial_{k} \Delta_{k} \text { etc. }
$$

Take derivatives of $\Delta^{-1}$ with respect to $\phi$ and $\Delta$ at $\phi=0$ and solve for $\partial^{n}\{\alpha, \beta, \gamma\} / \partial \Delta_{k}^{n}$ with $R_{k}^{0}=R_{k}\left(\phi=0, \Delta_{k}\right)$ :

$$
\begin{aligned}
& \partial_{k} \alpha=\frac{\hbar}{2} R_{k}^{0} \frac{\partial_{k} \beta+\partial_{k} R_{k}^{0}}{\left[\beta+R_{k}^{0}\right]^{2}} \\
& \partial_{k} \beta=-\left\{\frac{\hbar}{2} \gamma-\frac{\hbar^{2}}{2} \frac{\gamma^{2}}{\left[\beta+R_{k}^{0}\right]^{2}}\right\} \frac{\partial_{k} \beta+\partial_{k} R_{k}^{0}}{\left[\beta+R_{k}^{0}\right]^{2}} \\
& \partial_{k} \gamma=\mathcal{O}\left(\gamma^{4}\right)
\end{aligned}
$$

## Flow equations ${ }_{\text {Pn, Saffir } 2 \boldsymbol{I}}$

1 $\mathrm{Pl}_{\text {average }}$

$$
\partial_{k} \alpha\left(\Delta_{k}\right)=\frac{\partial \alpha^{1 \mathrm{PI}}\left(R_{k}\right)}{\partial R_{k}} \partial_{k} R_{k} \text { etc. }
$$

Take derivatives of $\left[\Delta^{1 \mathrm{PI}}\right]^{-1}$ with respect to $\phi$ at $\phi=0$ and solve for $\partial^{n}\left\{\alpha^{1 \mathrm{PI}}, \beta^{\mathrm{IPI}}, \gamma^{1 \mathrm{PI}}\right\} / \partial R_{k}^{n}$ :

$$
\begin{aligned}
& \partial_{k} \alpha^{1 \mathrm{PI}}=\frac{\hbar}{2} \frac{\partial_{k} R_{k}}{\left[\beta^{1 \mathrm{PI}}+R_{k}\right]} \\
& \partial_{k} \beta^{1 \mathrm{PI}}=-\frac{\hbar}{2} \frac{\gamma^{1 \mathrm{PI}} \partial_{k} R_{k}}{\left[\beta^{1 \mathrm{PI}}+R_{k}\right]^{2}} \\
& \partial_{k} \gamma^{1 \mathrm{PI}}=3 \hbar \frac{\left[\gamma^{1 \mathrm{PI}}\right]^{2} \partial_{k} R_{k}}{\left[\beta^{1 \mathrm{PI}}+R_{k}\right]^{3}}
\end{aligned}
$$

2PI ${ }_{\text {reg }}$

$$
\partial_{k} \alpha\left(\Delta_{k}\right)=\frac{\partial \alpha\left(\Delta_{k}\right)}{\partial \Delta_{k}} \partial_{k} \Delta_{k} \text { etc. }
$$

Take derivatives of $\Delta^{-1}$ with respect to $\phi$ and $\Delta$ at $\phi=0$ and solve for $\partial^{n}\{\alpha, \beta, \gamma\} / \partial \Delta_{k}^{n}$ with $R_{k}^{0}=R_{k}\left(\phi=0, \Delta_{k}\right)$ :

$$
\begin{aligned}
& \partial_{k} \alpha=\frac{\hbar}{2} R_{k}^{0} \frac{\partial_{k} \beta+\partial_{k} R_{k}^{0}}{\left[\beta+R_{k}^{0}\right]^{2}} \\
& \partial_{k} \beta=-\left\{\frac{\hbar}{2} \gamma-\frac{\hbar^{2}}{2} \frac{\gamma^{2}}{\left[\beta+R_{k}^{0}\right]^{2}}\right\} \frac{\partial_{k} \beta+\partial_{k} R_{k}^{0}}{\left[\beta+R_{k}^{0}\right]^{2}} \\
& \partial_{k} \gamma=\mathcal{O}\left(\gamma^{4}\right)
\end{aligned}
$$

## Vertex functions

1Plaverage

$$
\partial_{k} \gamma^{1 \mathrm{PI}}=3 \hbar \frac{\left[\gamma^{1 \mathrm{PI}}\right]^{2} \partial_{k} R_{k}}{\left[\beta^{1 \mathrm{PI}}+R_{k}\right]^{3}}
$$

$n$-point vertices are given by
$\Gamma_{1 \mathrm{PI}}^{(n>2)}=-\left[\Delta^{1 \mathrm{PI}}\right]^{-n}\left\{\Delta^{1 \mathrm{PI}} \frac{\partial}{\partial \phi}\right\}^{n-2} \Delta^{1 \mathrm{PI}}$
giving
$\left.\Gamma_{1 \mathrm{PI}}^{(4)}\right|_{\phi=0}=\gamma^{1 \mathrm{PI}}$
$2 \mathrm{Pl}_{\mathrm{reg}}$

$$
\partial_{k} \gamma=\mathcal{O}\left(\gamma^{4}\right)
$$

n-point vertices are given by [PM, Saffin '22]
$\Gamma^{(n>2)}=-\Delta^{-n}\left\{\Delta\left[\frac{\partial}{\partial \phi}-\frac{\partial^{2} \Gamma^{2 \mathrm{PI}}}{\partial \phi \partial \Delta}\left(\frac{\partial^{2} \Gamma^{2 \mathrm{PI}}}{\partial \Delta^{2}}\right)^{-1} \frac{\partial}{\partial \Delta}\right]\right\}^{n-2} \Delta$
giving
$\left.\Gamma^{(4)}\right|_{\phi=0}=\gamma-\frac{3}{2} \hbar \gamma^{2} \frac{1}{\left[\beta+R_{k}^{0}\right]^{2}}$

## Concluding remarks

- Exploit the freedom in the 2PI effective action to fix the two-point source to be the regulator, leading to self-consistent flow equations that are complementary to the well-known ones.
- Extremization wrt the regulator involved in this approach (a) leads to the usual 2PI resummation and (b) potentially lessens the regulator dependence.
- Many questions: e.g., can usual approximation schemes and methods, i.e., LPA, derivative expansion, PMS, regulator optimisation be applied in the same way?

Thank you for your attention.

## References

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